

OUTPOST CHARITY

REGISTERED CHARITY NUMBER SC044790



ANNUAL REPORT 2017-2018





CONTENTS

CO-FOUNDERS LETTER	3
VICE - CHAIRMAN'S REPORT	4
REFERENCE AND ADMINISTRATION	5
TRUSTEES	6
PATRONS	8
ACTIVITIES	9
WHAT WE DO	10
FACTS AND STATISTICS	11
FINANCES AT A GLANCE	13
ANNUAL INCOME AND EXPENDITURE	14
ACCOUNTS 2017-2018	15
- RECEIPTS AND PAYMENTS	
- STATEMENT OF BALANCES	16
- NOTES TO THE ACCOUNTS	17
GENERAL INFORMATION	19
REGULATORY INFORMATION	
CONTACT INFORMATION	

**Providing Emotional, Social and Practical Support
for Military Personnel, Veterans and their families.**



CO-FOUNDERS LETTER

Since incorporation both Kat and I have been heavily involved in the charity from the administration to fundraising, to providing support.

Our original aims have changed a little over time but the charity will always remain true to providing support to our Armed Forces community.

We keep things simple; were here to provide support. We are not involved in politics nor will we ever be, our aim is all about doing what we can to make lives better for our servicemen and women who risk their lives on our behalf and their families.

Over the past few years we have seen that the Armed Forces Community's needs have changed and will continue to change. We are seeing more service persons with mental health illness coming to us for support, primarily through our Veterans Camp. We understand, acknowledge and respond to their changing needs and so we prepare for the future for those who need our help.

The preparation of the extension and improvement of the Veteran Camp is well underway and we hope to have the improved camps set into place by 2020. The Veterans Camp has so far proved highly successful and in high demand and we as a charity know this program can make significant change in the lives of those who attend.



Fundraising and generating income is growing steadily and with the introduction of recycling we have not only generated further income and a support base for this but we are delighted that we can do so while helping to maintain a clean environment.

Although we have achieved success in many ways there is so much more we want to and can do however we must never forget the ongoing responsibility or the duty of care that we have taken on.

To continue our work we need to ensure regular and reliable income, work in liaison with other charities and groups and build the correct structure to make the charity the best it can be for those we support.

As always our volunteers and trustees have been amazing throughout. The charity wouldn't be what it is today without you all.

This past year has been quite an amazing year and our experiences have shown us there are still people in this world who are kind hearted, caring and have our faith in cause.

So Thank You to all our supporters for your efforts this year and to everyone who has donated, we look forward to what we hope will be, another fantastic year.

C Burns

**CARL BURNS – CO-FOUNDER
ROYAL ENGINEERS**



VICE - CHAIRMAN'S REPORT

As a disabled veteran and unable to work, I have made it my life's work to support military charities to enable me to give something back to our Armed Forces Community.

I found Outpost in 2014 and haven't looked back since. I am passionate about the work we do and I am proud to be part of the team and to be able to contribute to the cause.

In 2017 I was given the opportunity to become Vice-Chairman of the charity to which I immediately agreed. My first few months have provided the chance for me to get to grips with my new role and represent Outpost Charity at official events including an Awards Ceremony at Edinburgh Castle.

Fundraising plays a huge part of my role and I find this a huge challenge but a good one. I get to travel throughout Scotland representing Outpost Charity, taking part in Armed Forces Days, Fundays, Galas, Festivals and much more. At these events I hold a stall where I display information, merchandise and paintings created by me which I sell to generate funds for the charity. For me these events are fantastic, I get to socialise, meet new and interesting people, enjoy the atmosphere and what the event has to offer and all the while promoting awareness and raising vital funds for Outpost Charity.

Outpost Charity has over the last year provided support to many Veterans through the provision of necessities such as food and basic household appliances also through the Veterans Camp. Both of these areas of support have proven not only to be in high demand but provide positive change to those who receive it.



I have seen firsthand how much of a difference Outpost Charity can make to the lives of whom it supports and it is nothing short of amazing, the simplest of things can mean so much to some and the difference can be immense.

Outpost Charity continues to grow in stature within the charity sector, working on the front line providing direct support but it also work in liaison and through referrals with several other service charities so that many more service persons can reach the support they need.

On one instance Outpost Charity was asked to contribute to the Craig Barber House project in Ayrshire by supplying white goods and necessities for the two properties and we were delighted to be able to assist. This housing project is run by Soldiers off the Street Scotland and helps house up to 8 homeless veterans at a time, for free, allowing them to gain the help and support they need to get back on their feet.

The number of referrals are increasing and we are delighted that other organizations are utilizing the support we provide. By working with other charities we can strive to widen our net and embrace change.

Outpost Charity has become one of the few charities that can provide direct, fast and effective support that acts as a bridging support system while long term support is set into place.

We are taking on more volunteers who are vital for our work to continue to increase funds, promotion and programs of support. We are working on new and improved programs and events which we looking forward to coming to fruition.

The outlook for Outpost Charity is positive and grows within the Armed Forces community, we have a great board of trustees who overcome all hurdles to provide a first class service that we see is desperately needed.

I look forward to my 2nd year as Vice Chairman and would like to take this opportunity to thank everyone who taken the time to support us throughout this last year.

Without your help we could not do what we do.

Thank You

R Toole

RICHARD TOOLE
SCOTS DRAGOON GUARDS

REFERENCE AND ADMINISTRATION

Information

Charity Name

Outpost Highlands SCIO

Other name Charity is known by

Outpost Charity

Charity Number

SC044790

Address

Lael View, Loch Broom, Ullapool, Ross-Shire, IV23 2RS

Structure Governance & Management

Constitution

Outpost is recognised as a Scottish Charitable Incorporated Organisation with effect from 04 April 2014 and is governed in accordance with a constitution. It has a single tier structure and as such the trustees are the only members of the charity.

Recruitment & Appointment of Trustees

The Trustees are those appointed on the incorporation of the SCIO and new trustees who have been appointed by the existing trustees.

Appointment and removal is in accordance with the Constitution which requires that appointment is approved by majority agreement of the existing trustees and removal of any trustee by the majority agreement of the others.

As per the Constitution there must be a minimum of three trustees and no more than seven at any one point.

Management

The trustees are responsible for the strategic direction and governance of the charity and the trustees also support day to day running of the charity's activities and are actively involved in promotion.

The board of Trustees will individually and collectively seek to build strong links with the Armed Forces community and organizations to help further the support we provide.

The trustees assess the risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Outpost is also supported by several official volunteers who assist with support, programs, promotion, activities and events.

All volunteers are invited to meetings throughout the year to assist the board with ideas, progression and development.

Charity Objects

Outpost Charity is established for charitable purposes only, and in particular, the objects are:

To provide relief from suffering and hardship for men or women who are or have at any time served with any branch of the British Army, Royal Navy and Royal Air Force (Regular or Reserve); Merchant Navy (served in conflict) and their families, hereinafter referred to as "Armed Forces Community"; who are in need by reason of age, ill-health, disability, financial hardship, social circumstance or other disadvantage with the object of improving the conditions of life.

We achieve this by providing:

The provision and organisation of; recreational facilities and activities.

Constructing, advancing and maintaining facilities and provisions by way of repair, improvements or preservation for and by Armed Forces Community members

The provision of household and mobility necessities, goods or services

Advancement of education of the public in subjects of; military life for servicemen/woman and their families; raising awareness of the needs of Armed Forces Community by school talks, campaigns, information, internet/media and training.

The outcomes of our support can provide significant, positive change in a variety of ways including but not limited to; relieving social isolation and exclusion; improving mental and physical health and well-being; improving employment prospects and alleviate financial difficulties.

TRUSTEES

The Trustees have overall control of a charity and are responsible for making sure it's doing what it was set up to do. They are the people who lead Outpost and decide how it is run. Our Trustees use their skills and experience to support the charity, helping to achieve its aims.

Trustees also make sure that the charity complies with its governing document; make balanced and adequately informed decisions, thinking about the long term as well as the short term.

They always act in good faith and only in the interests of the charity and all trustees remain jointly responsible for the charity funds, its governance and as a whole.

Trustees also often learn new skills during their time on the board and being a Trustee can be very fulfilling.

Trustees are the people who lead the charity and being a trustee means making decisions that will impact on people's lives.

1. Ensure Outpost Charity is carrying out its purposes for the public benefit

1. Make sure that the charity is carrying out the purposes for which it is set up, and no other purpose.

2. Comply with Outpost Charity's governing document and the law

2. Complies with governing document and charity law requirements and other laws that apply to the charity

3. Act in Outpost Charity's best interests

3. Avoid putting yourself in a position where your duty conflicts with personal interests, make informed decisions

4. Manage Outpost Charity's resources responsibly

4. Act responsibly, reasonably and honestly "duty of prudence". Prudence is about exercising sound judgement.

5. Act with reasonable care and skill

5. Making use of your skills and experience and taking appropriate advice when necessary

6. Ensure Outpost Charity is accountable

6. Comply with statutory accounting and reporting requirements

MEET THE BOARD



Chairman - Carl Burns

Carl served in the Royal Engineers for almost 10 years. During his service he spent 5 years in EOD touring Iraq, Afghanistan and Kenya.

Carl is Co-Founder of Outpost alongside Kat and his role as Chairman is to lead, drive and direct the charity's activities ensuring our charitable aims are continually met and our constitution upheld.



Vice Chairman – Richard Toole

Richard is a veteran who served with the Scots Dragoon Guards. During his training he injured his lower back due to an accident and as a result he now relies on a wheelchair.

Richard started Fundraising in 1997 for military charities and has been doing so since. He is a self-taught artist and he uses Art as therapy concepts as a coping strategy himself.

Richards Role as Vice Chairman is to liaise with the Chairman, assist in carrying out the functions of the charity along with performing any specific duties such as co-signing, authorisations, holding meetings etc.



Treasurer/Secretary - Kat Hindle

Kat has worked in Administration and Retail all her life. She worked in supervisory roles and has experience in Retail, Customer Service, Admin.

She has also raised funds for several charities over the years and it was Kat who organised the 57 Mile Walk back in 2013. She hasn't stopped since. She is devoted to the charity and the work she and it carries out.

Kats role requires her to act in a strategic manner that emphasizes long-range financial vision, Pro-active leadership on key financial issues and policy development that will define and guide the ongoing work of the charity.



Auditor - Tina Burns

Tina has spent over 20 years as a military wife and mother. Both her husband and son served in the Royal Engineers.

She has experience in Retail, Customer Service and in the Public Sector. She has also set up and was treasurer for an after school club.

Tina took on a Skydive to raise funds for Outpost and at the same time she celebrated her 40th wedding anniversary.

As an Auditor, Tina provides an opinion of how the charity is operating based of evidentiary findings of the charity's processes, procedures, governance and controls.



Publicity - Steven Haddow

Steven is currently a Community Operative Worker for the Highland Council and has been for a few years. He met Kat & Carl, during the 2013 57 Mile Walk and has amazing

determination to help the men and women of the forces in any way he can.

Steve's role is simple, defined and very important as he reviews and verifies online activity within social media sites to ensure true, appropriate, relative and accurate information about Outpost is being given by and seen. This helps protect the charity's reputation, gives forewarning to an issues that may arise and increases the charity's potential to recruit, support and gain vital funding.

TRUSTEES

Become a Trustee.
Join our Board of Trustees

Make A Difference

Contact Us

PATRONS



Picture Credit: Kat Hindle

CHRISTIAN AROUND BRITAIN

The main reasons we chose Christian is that he is such a wonderful and humble man. He will help and support anyone who needs it.

He is an Ex- infantry soldier of the 1st Battalion, The Staffordshire Regiment, who found himself in a rut after leaving the army.

In 2011 he decided that he wanted to walk the British coast line to raise awareness of Homeless ex- service men and woman by sleeping rough whilst on his travels, and receiving donations to support Help for Heroes.

Kat, Carl and the family all met Christian in October 2013 and spent a weekend together and realized what an inspiration he was.

Christian completed his walk in 2014 raising over £220,000. We felt that Christian's story and background could provide motivation for us all.



Picture Credit: Carl Burns



Picture Approved by Runrig

RUNRIG

They have supported the 57 mile walk fundraisers way back when the very first walk took place in 2013. They kindly donated some signed items for the auction which were perfect for the day.

Being supporters of Military Charities we asked them if they would like to continue to show their support by becoming Patrons of the Annual 57 Mile Walk and they kindly accepted. When the Annual walk became Highland Hike we asked them if they would like to remain as Patrons and they once again accepted.

Runrig originate from Scotland, and are amazing musicians who have been producing music for over 4 decades.

It only seemed right to have Patrons affiliated with the Highlands who support the military.



Runrig Origin: Isle of Skye

ACTIVITIES

Outpost Charity provides support for any person who has served a minimum of one day in any branch of the British Army, Royal Navy and Royal Air Force (Regular or Reserve); Merchant Navy (served in conflict) and their families - referred to as "Armed Forces Community";

We aim to provide relief from suffering and hardship for men or women of our Armed Forces Community who are in need by reason of age, ill-health, disability, financial hardship, social circumstance or other disadvantage with the object of improving their conditions of life.

WHAT WE DO

Veterans Camp

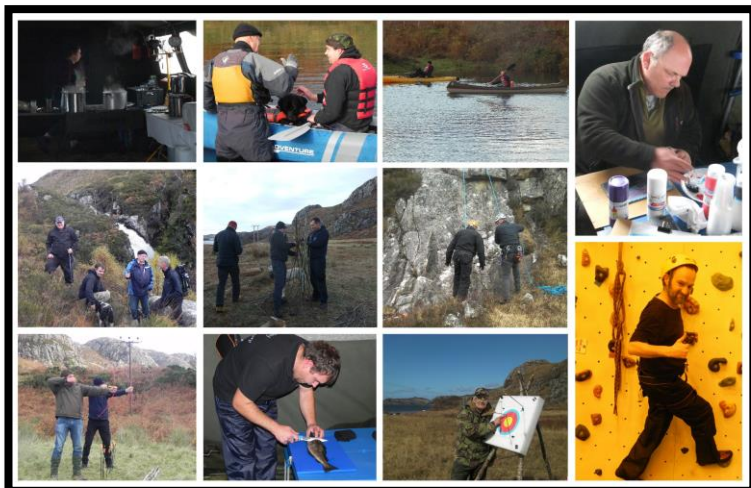
The Veterans Camp is an all-inclusive camping experience, held in the great outdoors of the tranquil and scenic Highlands of Scotland.

The purpose of the Veterans Camp is to provide Veterans suffering from Social Isolation, Mental Health Illnesses and/or Physical Disabilities the opportunity to rebuild confidence, self-esteem and self-belief. By providing this opportunity it encourages and motivates Veterans to integrate, socialise and make full use of the outdoor environment by using a combination of Nature and Wilderness Therapy concepts.

Some of the activities we provide include:

- Abseiling & Rock Climbing (Indoor/Outdoor)
- Wilderness Walks
- Archery
- Bush craft
- Activities inc. Games & Kites
- Sports inc Football & Cricket
- And much more

We are continually introducing more activities



Safe Spaces

This program provides a safe environment that is created for and by members of the Armed Forces Community helping both physically and mentally through Horticultural Therapy and home improvements.

Household necessities and Supplies

Purchasing of household and mobility necessities, equipment and supplies, such as food, appliances, self-propelled wheelchairs.



Picture Credit: Linda Stone

Education & Training

Educating volunteers, the Armed Forces Community and the public in the subject of military life and raising awareness of the needs of Armed Forces Community.



WHAT WE DO – CONT'D

Events and Activities

Providing opportunities and activities that encourages and motivates integration, and socialization. Attendance can assist in providing a network of like-minded people who can support each other on long term basis



Highland Hike



The Highland Hike Challenge is an extremely arduous endurance hike through the scenic Highlands of Scotland.

Participants can choose to walk as individuals or as part of a team either 50km or for those who would like to conquer the 100km challenge - by completing the 100km route in 24 hours. Participants walk through the day and night covering various terrains.



This event is designed to be a tough challenge, testing participants both mentally and physically – participants will need to be fit and determined to conquer the terrain and the mental and physical exertion in order to succeed.

Signposting

When Outpost Charity is unable to provide support or feels involvement from external agencies are required to enhance the support being provided we will signpost to other accredited organizations.



In Liaison With

Outpost is happy to work alongside other accredited organizations and at present the main charities/groups we are in liaison with are:

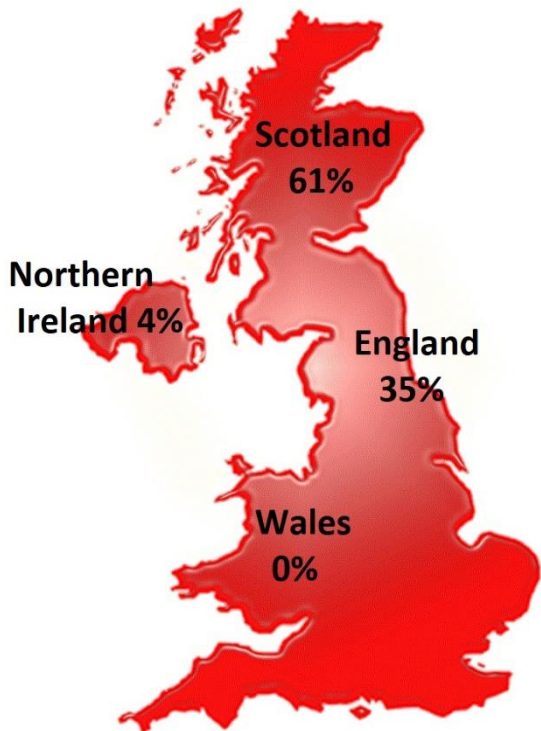


From our Beneficiaries

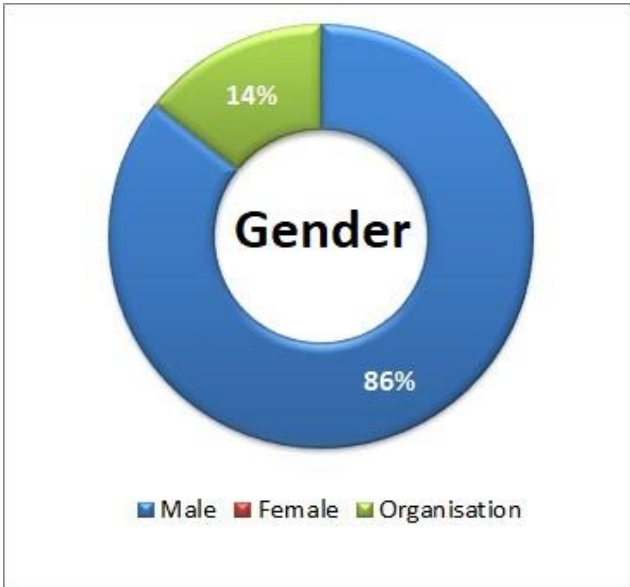
"I attended Vet Camp as I felt that I would love to meet like-minded, even before I arrived I was made welcome and it just got better each day, no pressure, no being judged or feeling like an outcast, everyone was so welcoming and the whole experience was a joy, I would love to go back as a volunteer and help, thank you Kat, Carl and all the team as well as those of us who thought nobody cared also a big thanks to Teresa for all the hard work"

"I really want to say a massive thank you to Kat and Carl for helping me and my family in our desperate time of need. Unbelievable support in such a short time of speaking with them. Thank you so much from the bottom of our hearts, you are amazing people".

FACTS AND STATISTICS

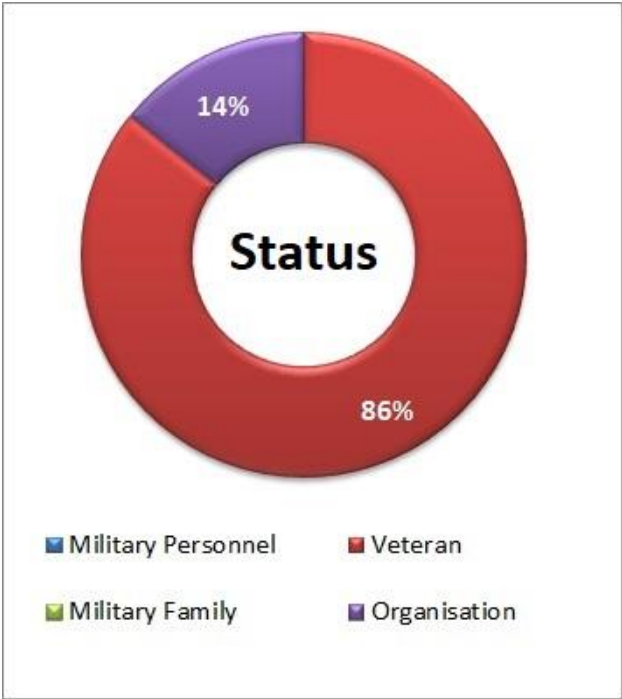


Being based in Scotland our initial estimations were that the majority of beneficiaries would reside in Scotland. Although correct we are pleased to see that Armed Forces Community members from England and Ireland have come to us for support. We are confident in time Armed Forces Community members from Wales will come to us for support too.

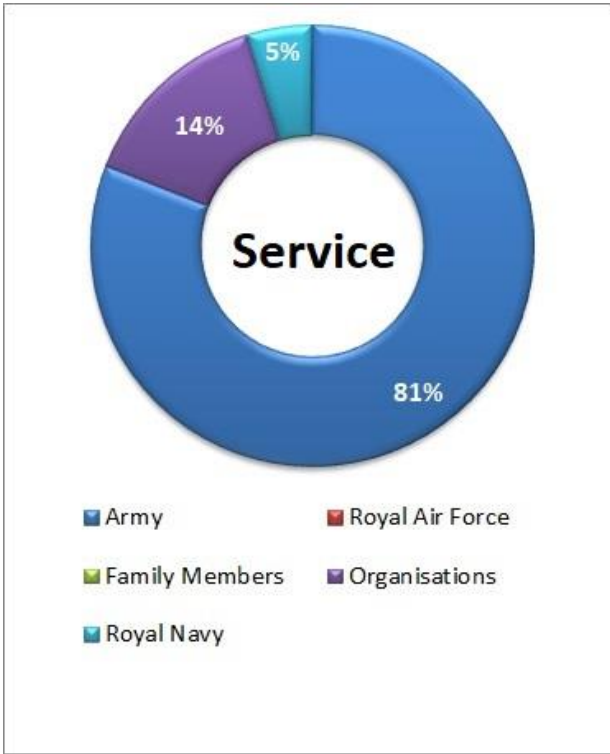


The majority of our beneficiaries again this year have been male, we believe this is due to fact that on average the percentage of men serving in the Armed Forces is significantly higher than woman.

Approx. only 10% of our Armed Forces are female
Source: MOD Biannual Diversity Statistics 2018



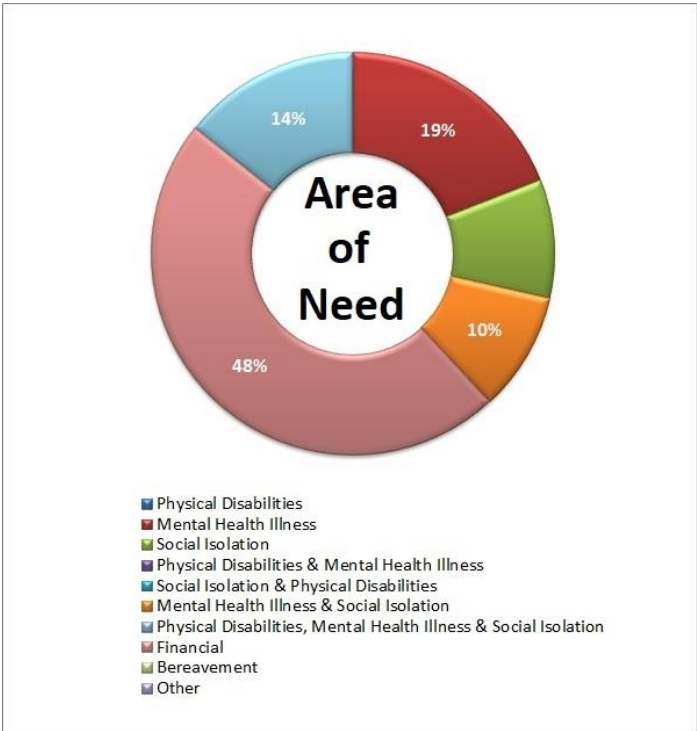
86% equivalates to the individuals who have come forward for support which have been 100% Veterans however the 14% shown in the graph depicts the organisations who have received support out of the 100%



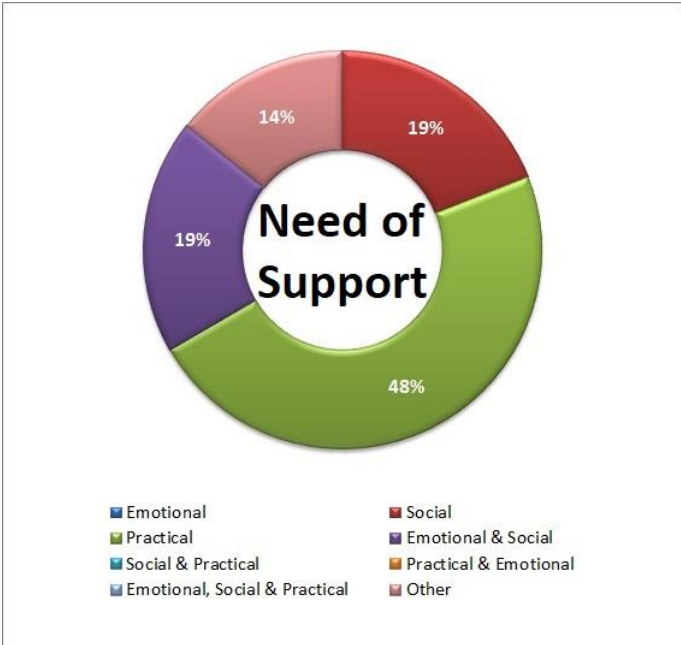
Of the 5 areas of service we cover predominantly Army veterans have so been our highest service supported. Organizations have been the second. We have now supported Royal Navy Veterans but no RAF in the past year.

What are Organizations?

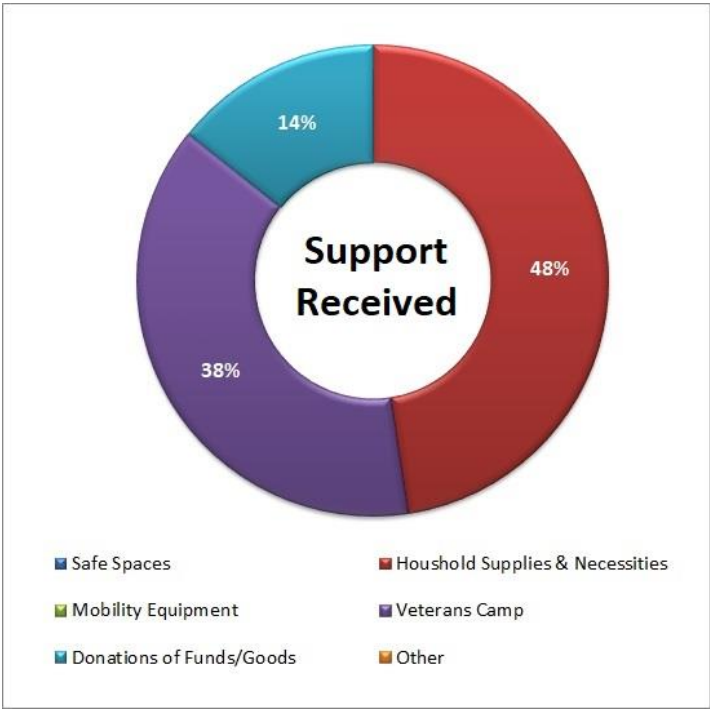
Organizations include Military Charities or groups. These Charities and Groups provide support in many areas including homelessness, PTSD therapy, wilderness Therapy, helplines and more. Each Charity or Group provides an additional service to the Armed Forces Community in line with our objects.



The Area of Need as shown above is statistics of individual reason for need of support.



The Area of Support is the category in which a beneficiary falls for support being Emotional, Social or Practical.



The Support Received is how Outpost supported the individual, family or organisation.

From the chart above its clear that the majority of our beneficiaries with 48% have received necessity support whether that be food, household appliance or clothing etc

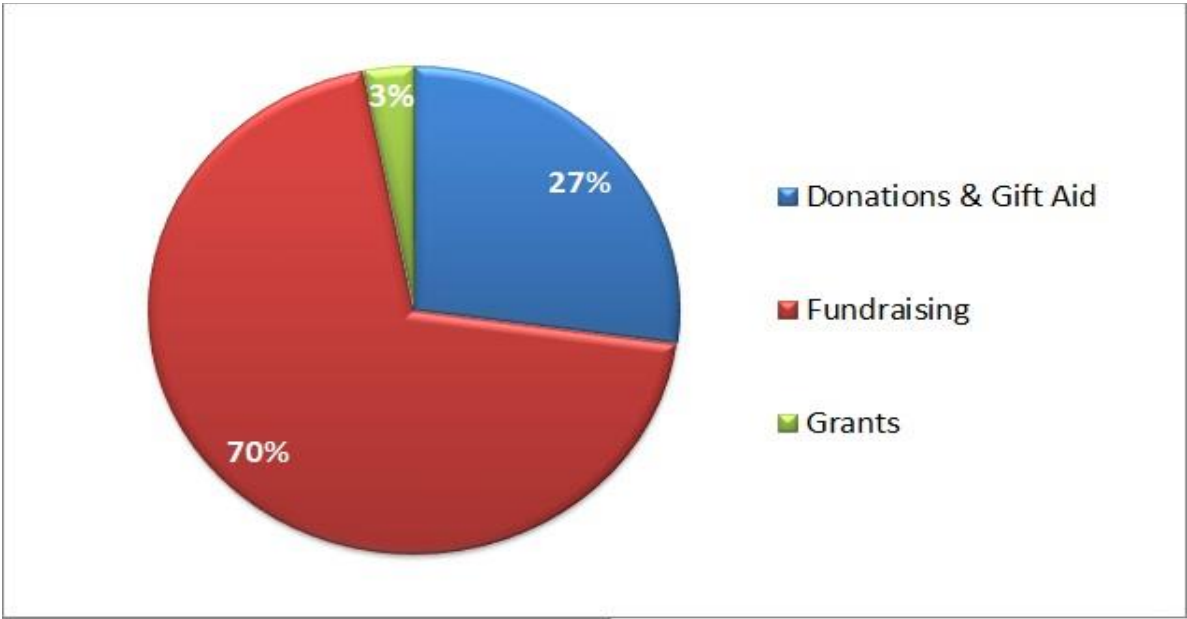
Then at 38% it is those who attend Veteran Camp.

We have seen a significant increase of 34% in support within the area of necessities from 14% last year.

FINANCES AT A GLANCE

WHERE OUR FUNDS COME FROM

Most of our Income comes from our fundraising activities and then donations and Gift Aid from you, our supporters and the general public. Other income comes from grants received which were applied for and utilized for specific projects, programs and equipment.

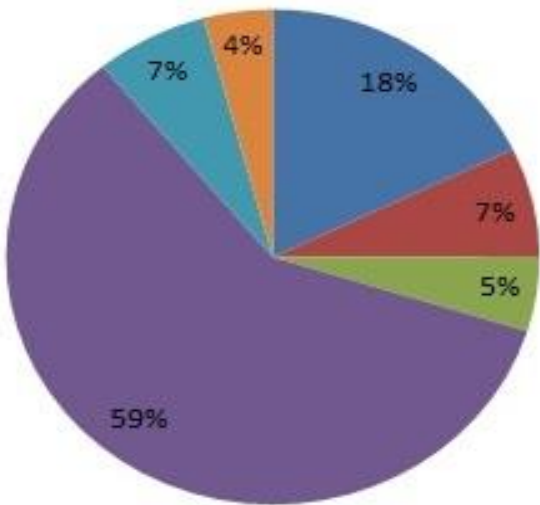


WHERE FUNDS GO

This chart shows the pence spent in every pound we receive and the area in which the funds were utilized. These percentages will continually change.

Chart based on accounts 2017-2018

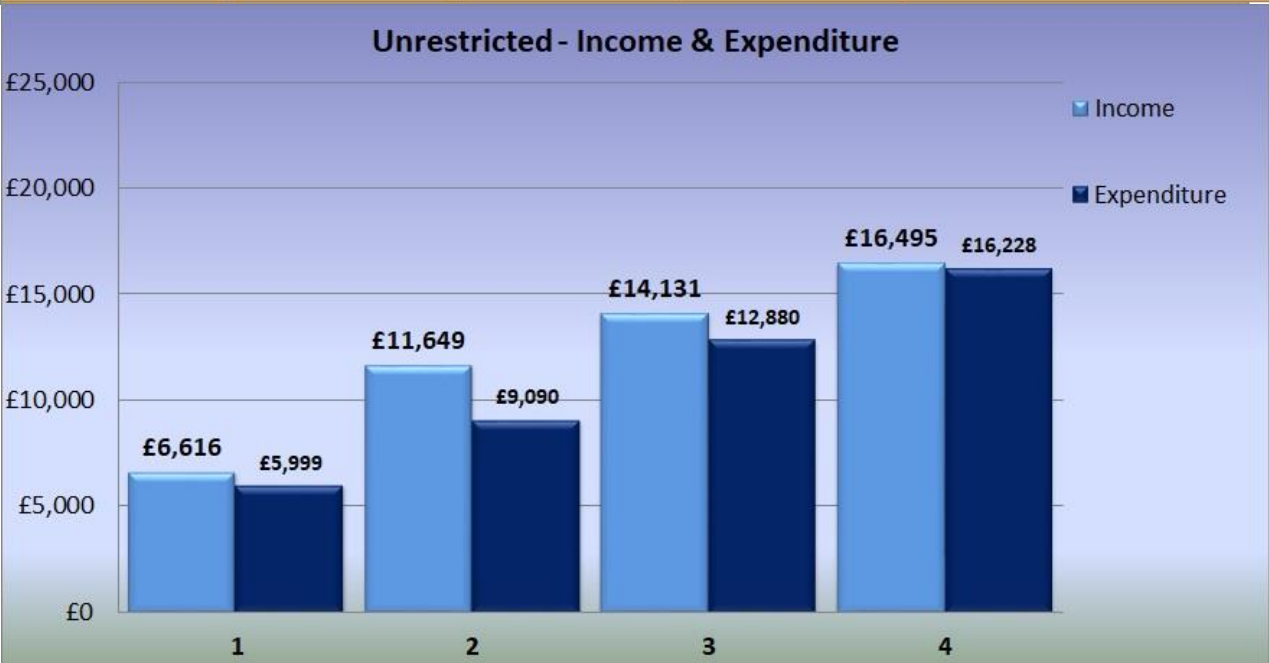
In 2017-2018 we focused on improving equipment for programs which meant increasing income through fundraising. Although there are some items still required we are almost there. We close to achieving our aims and the programs we provide continue to be successful for support.



Pence in the Pound

Fundraising	18p
Events	7p
Promotion	5p
Charitable Activity	59p
Running Cost	7p
Volunteer Costs	4p

ANNUAL INCOME & EXPENDITURE



Annual Accounts 2017-2018

Statement of Receipts and Payments

For the year ended 5th April 2018

Receipts

Voluntary Receipts	Notes	Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
Donations & Gift Aid		3,523	1,758	5,281	7,020
Fundraising		12,972	594	13,566	10,120
Grants	4		600	600	1,350
Total Receipts		16,495	2,952	19,447	18,490

Payments

Events & Fundraising	5	4,499	600	5,099	4,623
Promotion		1,002	0	1,002	-
Equipment		530	0	530	-
Charitable Activities	6	7,690	3,585	11,276	10,369
Governance Cost		810	0	810	200
Office Expense		560	0	560	438
Volunteer Cost	7	858	0	858	-
Sundry Expenses		229	50	279	211
Movement of Funds	8	50	-50	0	-
Total Payments		16,228	4,185	20,413	15,841

Surplus/(Deficit) for the year		318	-1,284	-966	2,649
Transfer between Funds					
Surplus/(Deficit) for the year	9	318	-1,284	-966	2,649

Unrestricted Income

- Donations & Gift Aid
- Fundraising
- Grants



Restricted Income

- Donations & Gift Aid
- Fundraising
- Grants



Statement of Balances

For the year ended 5th April 2018

	Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
Reconciliation				
Surplus/Deficit	318	-1,284	-966	2,649
Total Funds Brought Forward	4,420	2,273	6,693	4,050
Total Funds Carried Forward	4,738	989	5,727	6,699

Bank & Cash Balances

Bank Account	5,727	6,693
Cash In Hand	0	6
	5,727	6,699

Tangible Fixed Assets

	<i>Acquisitions</i>	<i>Donations</i>	<i>Total</i>
At 5th April 2017	10,517	1,503	12,020
Additions	2,880	524	3,404
	13,396	2,028	15,424

Depreciation of Assets

At 5th April 2018	553	102	655
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Net Assets

	12,843	1,926	14,769
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Notes to the Account

For the year ended 5th April 2018

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specified purpose which arises from donors or if the funds raised, are for a specific purpose. The Foundation Scotland Grant was restricted to use through Veterans Camp as it was received in order to support the Veterans Camp with new Equipment and running costs over the period of four camps.

3. Related Party Transactions

No remuneration was paid to the Trustees or to any connected person.

4. Other Income

Grants:

Highland Council

Other

Total

Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
	600	600	-
			1,350
0	600	600	1,350

5. Cost of Events & Fundraising

Event Cost

Fundraising Cost

Total

Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
3,053	600	3,653	510
1,446	0	1,446	3,874
4,499	600	5,099	4,384

6. Cost of Charitable Activities

Charitable Activities Equipment

Direct Works for Beneficiaries

Programs

Donations Gifted

Insurance

Total

Unrestricted Funds	Restricted Funds	Total 2018	Total 2017
741	1,608	2,349	1,060
3,602	828	4,430	6,324
131	1,149	1,280	736
2,176	0	2,176	1,235
1,040	0	1,040	1,014
7,691	3,585	11,276	10,369

7. Volunteer Cost

Volunteers costs consist of out of pocket expenses, mainly travel costs, sustenance and other costs such as training.

8. Reorganisation of funds

Funds were moved from Restricted Operation Overlord Event to Unrestricted (Highland Hike) funds as the event the funds

were donated for has been postponed. OSCR's approval was sought and the Reorganisation was granted on the basis the funds would be used to support the Highland Hike which has similar aims to the original event.

9. Restricted Deficit

Restricted funds at year end are deficit £1,284 due to grants received in the previous tax year 2016/2017 and spent in the current tax year 2017/2018.

RECYCLING INFORMATION

OUTPOST CHARITY
REGISTERED CHARITY NUMBER: SC044790

**REUSE
REDUCE
RECYCLE**

**RING
PULLS**

**INK
TONER**

**STAMPS**

**CD'S**

**JEWELLERY**

**DVD'S**

**CURRENCY**

**BOOK'S**

**MOBILE
PHONES**

**GAME'S**

**INK
CARTRIDGES**

We are now able to accept:
New/Unused Gift Sets, Unused Gift Vouchers,
Lego, Kindles, Tablets and Hudl's.

If you have any unwanted items please consider donating them to Outpost Charity.

Why do we collect these items?

1. We can pass them on to our beneficiaries who maybe in need of them.
2. We can Re-use them within the charity to support our work.
3. We can Recycle them to help maintain a clean environment and generate funds.
4. We can sell items to generate funds to help us help others.

Tel: 01854 655 314 Email: info@outpostcharity.org

By giving you the opportunity to make a complaint, leave a comment or giving feedback it allows us to identify where supporters aren't happy and gives us an opportunity to put things right.

FOR MORE INFORMATION PLEASE VISIT THE WEBSITE.



GENERAL INFORMATION

With effect from July 2016, Outpost Charity has committed to self-regulating our fundraising activities in line with recent changes.

This is because not only do we recognise that it is very important that our supporters have a positive fundraising experience but we strive to ensure people have trust and confidence in our processes of fundraising and this is paramount to continue our work now and in the future.



It is important that we get feedback and appreciate the time and effort you take to let us know about any experiences you have be it good or bad. Complaints, comments, compliments and all feedback provides valuable information and can help Outpost improve.

REGULATORY INFORMATION

Outpost Highlands SCIO is a Scottish Charitable Incorporated Organisation

"Commonly known as "Outpost Charity"

Registered under Charity No: SC044790

We are authorised and regulated by OSCR
(Office of the Scottish Charity Regulator)



PUBLISHED BY

OUTPOST CHARITY

BOARD OF TRUSTEES

SCOTTISH CHARITABLE INCORPORATED ORGANISATION

SC044790

JANUARY 2019